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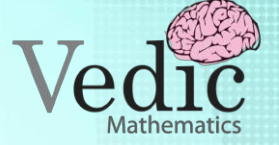
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Important Days

National Nutrition Week (September 1-7): This is a key observance in India, dedicated to raising public awareness about the importance of nutrition for health and well-being. The week focuses on educating people about balanced diets, healthy eating habits, and the prevention of malnutrition-related diseases.

Birth Anniversaries – Indian Personalities

Radha Mohan Singh: Radha Mohan Singh is an Indian politician from Bharatiya Janata Party (BJP). He served as the Union Minister of Agriculture & Farmers Welfare (2014-2019), during the First Modi ministry. He was

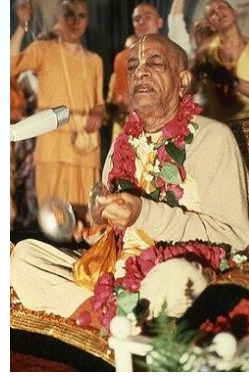


also one of the national vice-presidents of the party (2020-2023). Singh was President of BJP's Bihar State unit from 2006 to 2009, BJP's Uttar Pradesh Co- incharge (2010–12) & Incharge (2020-2023), Uttarakhand BJP Incharge (2013-2014) and was 1st elected to 9th Lok Sabha in 1989 & currently is member of 18th Lok Sabha. He is the chairperson for Parliamentary Standing committee on Defence and was chairperson/member in multi-Parliamentary Standing committees, National Election Officer of BJP.

Bhaktivedanta Swami Prabhupada (1896-1977): Abhay Charanaravinda Bhaktivedanta Swami Prabhupada (1 September 1896 – 14 November 1977) was a spiritual, philosophical, and religious teacher from India who spread the Hare Krishna mantra and the teachings of "Krishna consciousness" to the world. Born as Abhay Charan De and later legally named Abhay Charanaravinda Bhaktivedanta Swami, he is

often referred to as "Bhaktivedanta Swami", "Srila Prabhupada", or simply "Prabhupada".

To carry out an order received in his youth from his

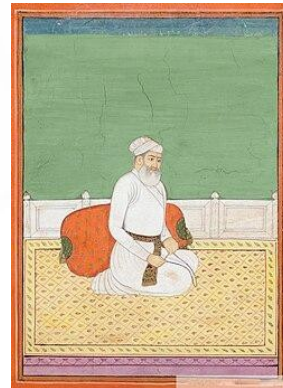


spiritual teacher to spread "Krishna consciousness" in English, he journeyed from Kolkata to New York City in 1965 at the age of 69, on a cargo ship with little more than a few trunks of books. He knew no one in America, but he chanted Hare Krishna in a park in New York City, gave classes, and in 1966, with the help of some early students, established the International Society for Krishna Consciousness (ISKCON), which now has centers around the world.

Death Anniversaries – Indian Personalities

Guru Amar Das (1479-1574): Guru Amar Das (5 May 1479 – 1 September 1574), sometimes spelled as Guru Amardas, was the third of the Ten Gurus of Sikhism and became Sikh Guru on 26 March 1552 at age 73.

Before becoming a Sikh (Shishya from Sanskrit), on a



pilgrimage after having been prompted to search for a guru, he heard his nephew's wife, Bibi Amro, reciting a hymn by Guru Nanak, and was deeply moved by it. Amro was the daughter of Guru Angad, the second Guru of the Sikhs. Amar Das persuaded Amro to introduce him to

her father. In 1539, Amar Das, at the age of sixty, met





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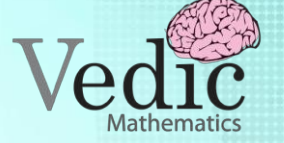
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Guru Angad and became a Sikh, devoting himself to the Guru. In 1552, before his death, Guru Angad appointed Amar Das as the third Guru of Sikhism.

Guru Ram Das (1534-1581): Guru Ram Das (24 September 1534 – 1 September 1581), sometimes spelled as Guru Ramdas, was the fourth of the ten Sikh gurus. He was born to a family based in Lahore, who named him Bhai Jetha. He was orphaned at age seven; and thereafter grew up with his maternal grandmother in a village.

At age 12, Bhai Jetha and his grandmother moved to



Goindval, where they met Guru Amar Das, the third leader of Sikhism. The boy accepted the guru as his mentor, served him, and eventually joined his family by marrying his daughter. When it came time for Guru Amar Das to name his successor, he passed over his own sons and chose Bhai Jetha, citing his exemplary service, selfless devotion, and unquestioning obedience.

mark of India's new sovereignty and a move to streamline a nation with diverse local time systems.

Other Historical Events

1574: The death of **Guru Amar Das**, the third of the ten Sikh Gurus. He was an important figure in the development of Sikhism, establishing key religious practices and institutions.

1581: The death of **Guru Ram Das**, the fourth Sikh Guru. He is credited with founding the city of Amritsar and constructing the Golden Temple.

1949: **Hindi** was declared the official language of the Union of India, a momentous decision in the country's linguistic and cultural history.

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Historical event for India

The most significant historical event for India on September 1st is the official adoption of **Indian Standard Time (IST)** in **1947**. This happened just after the country gained independence and was a crucial step in creating a unified national identity.

IST is based on the meridian east of Allahabad and is 5 hours and 30 minutes ahead of Greenwich Mean Time (GMT). While the concept of a standardized time zone had been considered and used for railway scheduling during the British Raj, its formal implementation was a





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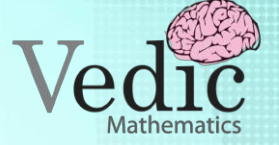
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International Observances

International Day for People of African Descent: This day celebrates the African diaspora's rich heritage and contributions worldwide. It aims to promote a better understanding of their culture, history, and achievements while also addressing issues of racism and discrimination.

National Nutrition Week (India): Although an Indian observance, it is part of a global effort to highlight the importance of proper nutrition and healthy eating habits. The week-long event from September 1-7 raises public awareness about the role of a balanced diet in preventing diseases and promoting overall wellness.

International Overdose Awareness Day: This global public health initiative aims to raise awareness about drug overdose and reduce the stigma of drug-related death. It is a day to remember those who have died or suffered a permanent injury as a result of drug overdose.

Birth Anniversaries – International Personalities

Zendaya (1996 - Present): A prominent American actress and singer known for her roles in films like *Dune* and the television series *Euphoria*.

Gloria Estefan (1957 - Present): A Cuban-American singer, songwriter, and actress who became a global superstar with her band Miami Sound Machine.

Lily Tomlin (1939 - Present): An acclaimed American actress, comedian, and writer with a career spanning over five decades.

Bhaktivedanta Swami Prabhupada (1896-1977): The founder of the International Society for Krishna Consciousness (ISKCON), also known as the Hare

Krishna movement. He is revered by his followers for his role in spreading the teachings of Vaishnavism globally.

Death Anniversaries – International Personalities

Princess Diana (1961-1997): The Princess of Wales and a global humanitarian, she tragically died on this day in a car crash in Paris, an event that caused an unprecedented international outpouring of grief.

International Historical Events

1939 - Start of World War II: On this day, Nazi Germany invaded Poland, which is widely considered the start of World War II. The invasion, executed with the new "blitzkrieg" tactics, led Britain and France to declare war on Germany two days later.

1923 - The Great Kanto Earthquake: A massive 7.9 magnitude earthquake struck Japan, devastating the cities of Tokyo and Yokohama. The disaster and the subsequent fires killed an estimated 142,800 people and left millions homeless.

1969 - Libyan Coup: A young army captain, Muammar al-Gaddafi, led a bloodless military coup that overthrew King Idris I, leading to the establishment of the Libyan Arab Republic.

1983 - Korean Air Lines Flight 007 Tragedy: A Korean Air Lines Boeing 747, on its way from New York to Seoul, was shot down by a Soviet jet fighter after it strayed into Soviet airspace. All 269 people on board were killed, dramatically escalating Cold War tensions.

1985 - Discovery of the RMS Titanic Wreck: A joint American-French expedition led by Robert Ballard and Jean-Louis Michel located the wreckage of the Titanic.





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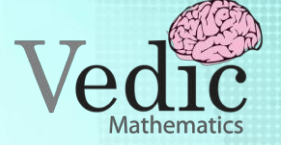
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on the floor of the North Atlantic Ocean, 73 years after it sank.

2004 - Beslan School Siege: Armed terrorists seized a school in Beslan, North Ossetia, Russia, taking over 1,100 people hostage, most of them children. The three-day siege ended in a chaotic and bloody battle, with over 330 people killed.

Other Notable Events

1870: During the Franco-Prussian War, the French army suffered a decisive defeat at the Battle of Sedan. This battle resulted in the capture of Emperor Napoleon III and the collapse of the Second French Empire.

1914: The last known passenger pigeon, a female named Martha, died in captivity at the Cincinnati Zoo, marking the extinction of a species that was once one of the most abundant birds in North America.

1972: American chess master Bobby Fischer defeated Boris Spassky of the Soviet Union to become the world chess champion, a victory seen as a symbolic triumph for the United States during the Cold War.

1991: Uzbekistan declared its independence from the Soviet Union.

Sports Related Historical Events

In India

Pickleball History: September 1st has been noted as a significant date in the history of Indian pickleball, as on this day, the country embarked on a historic journey to select its first-ever team to represent the nation at the Pickleball World Cup.

Internationally

1924: World Record in Athletics: Finnish long-distance runner Paavo Nurmi set a new world record in the 10,000m race with a time of 30:06.2.

1971: All-Black Lineup in MLB: The Pittsburgh Pirates made history by fielding the first-ever all-Black starting lineup in a Major League Baseball game.

1972: "Game of the Century" Ends: American chess grandmaster Bobby Fischer defeated Soviet champion Boris Spassky to become the world chess champion. The highly publicized match was a major Cold War event.

1989: Chris Evert's Milestone: Tennis legend Chris Evert became the first player to win 100 matches in the history of the U.S. Open.

1991: Connors' Historic Comeback: In one of the most memorable matches in tennis history, 39-year-old Jimmy Connors defeated Aaron Krickstein in a grueling five-set match at the U.S. Open.

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